

ORGANIC MEAT PRODUCERS: CRESTON / WYNNDEL

Name: Duck Lake Bison Farm (Chad & Michele Staggs)
Products: bison
Phone: 250-866-5730 Fax: 250-866-5730
Email: ducklakestaggs@uniserve.com Website:
Address: 1301 Duck Lake Road, Wynndel, BC

Name: Eggs R Uz (Heidi & Joe Stang)
Products: eggs, chicken, ducks, geese,
Phone: 250-866-5797 Fax: 250-866-5773
Email: eggs_r_uz@yahoo.ca Website:
Address: 5455 Elsie Holmes Road, Wynndel, BC
Where and How to Buy: phone
** Canadian Agriculture Products registered egg grading station

Name: Full Circle Farm (Drew & Joanne Gailius)
Products: beef
Phone: 250-428-8424 Fax: 250-428-9521
Email: fullcirclefarm@shaw.ca Website:
Address: 3510 Lloyd Road, Canyon, BC
Where & How to Buy: direct from farm – phone or email to inquire about availability

Name: Lydia's Lamb (Lydia & Hans Bissing)
Products: lamb
Phone: 250-428-3365 Fax:
Email: bissigl@hotmail.com Website:
Address: 2372 – 20th Street, Lister, BC V0B 1G2
Where and How to Buy: direct from farm – phone or email
** visitors welcome

Name: Root and Vine Acres (Jessica Piccinin)
Products: turkey, chicken, pork, goats, lamb, rabbit, eggs
(wide variety of sausages – no fillers, binders, msg, gluten)
Phone: 250-402-8475 Email: rootandvine@hotmail.com
Facebook: <https://www.facebook.com/Root-Vine-Acres-170088886431/timeline/>
Address: 1249 Duck Lake Road, Wynndel, BC V0B 2N0
Where and How to Buy: direct from farm (all year – phone or email)
Nelson Cottonwood Saturday Market (summer)
cash, cheque, visa, mastercard
Feed: local grass & grain / pasture-summer, hay-winter / garden leftovers
no soy or corn

Free Range No Hormones No Antibiotics Processed Locally
** farm tours available by appointment

Name: Kootenay Meadows (formerly Kootenay Alpine Cheese)
(Wayne & Denise Harris and Family)
Products: cheese, dairy products
(some pork and beef – phone or email to inquire)
Phone: 250-428-9655
Email: info@kootenayalpinecheese.com
Website: www.kootenayalpinecheese.com
Address: 3071 – 16th Street, Creston, BC V0B 21G2
Where and How to Buy: Dairy Products & Cheese
direct from farm – see hours below
numerous stores across BC and Alberta
Summer Hours: (May-Thanksgiving) Winter Hours: (Thanksgiving-May)
Thurs, Fri, Sat Saturdays only
10 am – 5 pm 10 am – 5 pm
Feed: grass fed, minimal grain
Free Range No Hormones No Antibiotics Certified Organic
Dairy Products Processed On Site
**You're welcome to tour through the barns during business hours

Name: Kootenay Natural Meats (& Goat River Farms Ltd.)
Products: beef, chicken, turkey, lamb, pork, honey
Phone: 250-428-4034
Email: info@kootenaynaturalmeats.com
Website: www.kootenaynaturalmeats.com
Address: 2020 Duck Lake Road, Wynndel, BC V0B 2N1
Where and How to Buy: direct from farm – order by phone & email
free delivery within Kootenays
Farmers Markets – Creston, Rossland, Nelson
Feed: grass fed, natural forage diet, grown their own hay
can special order grain finished
Free Range No Hormones No Antibiotics Processed Locally
Beef: available year round
Pork: available year round
Lamb: available January – March (wait list – call to be added)
Chicken: available June & October
Turkey: available early October

Name: R & S Meyer Farms (Randy & Sheila Meyer)
Products: beef, chicken
Phone: 250-428-7013
Email: rs85meyer@gmail.com Website:
Address: 2912 – 28th Street, RR#2, Creston, BC V0B 1G2

Name: Mountain Harvest Farm (Kyersten & Ian Kerr)
Products: turkey, chicken, Berkshire pork
(sausages are gluten & msg free, no fillers or binders)
Phone: 250-428-0390 Email: hello_kyersten@yahoo.ca
Website: www.mountainharvestfarm.com
Address: 165 Reclamation Road, Creston, BC V0B 1G7
Where and How to Buy: Kootenay Coop, Nelson
Feed: Local, non-GMO grains, alfalfa hay, milk from our own cows, forage
Free Range GMO Free
No Hormones No Antibiotics No Growth Enhancers Processed Locally

Name: Tarzwell Farms (Tom Tarzwell)
Products: beef, gov't inspected abattoir
Phone: 250-428-4316
Email: tarzwell@shaw.ca Facebook: tarzwellbeef
Address: 524 Williams Road, Creston, BC V0B 1G8
Where and How to Buy: direct from farm – phone ahead
pre-order ¼'s & ½'s – everything else normally in stock
Fooby's in Creston, Creston Farmer's Market
Kootenay Coop - Nelson
accepts: cash, cheque, credit cards
Feed: All grass fed – most are grain finished (non GMO barley)
Limited quantity of grass finish
No Hormones
Antibiotics – ONLY if necessary
**visits welcome – please phone ahead

Creston Farmer's Market info:

<https://www.crestonvalleyfarmersmarket.ca/site/>

BC Farmers' Markets info:

<http://markets.bcfarmersmarket.org/market-search?region=6>

Famous Fritz Meats & Deli:

- no hormones in beef or bison
- no fillers, binders, msg, sugar or gluten in meat products

3 – 1420 Northwest Blvd, Creston, BC V0B 1G6

250-428-9055

Tuesday – Saturday 9am – 6pm

famous.fritz@gmail.com

<http://www.famousfritz.ca>